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HERE'S LOOKING AT YOU, BIG EYES

AMY ADAMS WON BEST ACTRESS FOR A MOTION PICTURE COMEDY AT THE GOLDEN GLOBES, FOR TIM BURTON'S MOVIE BIG EYES. CHECK OUT THE OTHER WINNERS AND MORE FROM THE FEY & POEHLER-HOSTED AWARDS SHOW

PAGE 11



'FOR FREEDOM AND UNITY'

Members of the public hold signs at Grand Parade in Halifax on Sunday afternoon to show solidarity against the killing spree in Paris last week. Dozens of people attended the vigil, which was one of many to take place around the world to show support for Paris and those who died. See coverage, pages 4 and 8. JEFF HARPER/METRO

Patient back in custody

East Coast Forensic Facility. Man escapes after being given keys to his truck



Mark Baltzer
HANDOUT

supervision and then drove away," McLeod said.

According to Capital Health, Baltzer requires medication and continued treatment at

the hospital, which houses patients from the judicial system.

Baltzer, who is originally from Berwick, has a lengthy criminal past. For example in 2010, he was arrested in Newfoundland and charged with making a number of threats to cause death or bodily harm to police officers and a holding cell guard, as well as other weapons-related and alcohol-related charges. He was found not guilty of many of those charges due to mental illness.

McLeod said Baltzer was given community access before from the facility, which is why he had a vehicle on site. He said the community access pass had been revoked recently, however, due to "a recent change in his mood." PHILIP CROUCHER/METRO

A man who escaped from the East Coast Forensic Hospital in Dartmouth after he took off in his own truck has been found.

Mark Baltzer, 58, was reported missing to police at 8:20 p.m. Saturday when he left the hospital without permission.

On Sunday afternoon, the RCMP issued a release to say Baltzer had been taken into custody around 3:20 p.m. after police located his vehicle at a home on New Britain Road in Five Islands.

Capital Health spokesman Everton McLeod said Baltzer escaped when he was asked to move his truck from one parking space to another for an unknown reason. McLeod said Baltzer was under the supervision of a guard, but drove off when he got into his truck.

"For whatever reason, he had access to that vehicle under



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Northern N.S.

Man rescued, dog safe after falling off cliff

RCMP say a young man and his dog are safe after they fell down a nine-metre cliff on the coast of northern Nova Scotia.

Police say a 22-year-old man and his friend were walking a dog on Light-house Road in Parrsboro around 3 a.m. Sunday when the man's dog went over the edge of the cliff.

Investigators say the man fell down the embankment while trying to rescue his dog, landing on the beach.

Police say the man's friend called police and officers were eventually able to find the injured man, who had crawled along the rocks to escape the rising tide, around 4 a.m. **THE CANADIAN PRESS**

Driver ticketed

Cyclist hit by vehicle in Dartmouth

A 53-year-old man was hit by a car while riding his bike in Dartmouth on Saturday afternoon.

The cyclist was hit in the area of Vanessa Drive and Slayter Street by a 67-year-old male driver, who was ticketed for failing to yield at an intersection.

The cyclist was checked by EHS and released at the scene.

METRO

Accident

Elderly man struck by van, seriously injured

The icy conditions in Halifax on Friday night may have contributed to a vehicle-pedestrian collision on Wyse Road in Dartmouth.

An 81-year-old man was hit by a van and transported to hospital with serious injuries around 6:30 p.m.

The 35-year-old female driver and her passenger were not injured.

Police say weather may have been a factor and do not anticipate any charges being laid. The pedestrian wasn't in a crosswalk at the time.

METRO



Students attend a rally at Dalhousie University on Jan. 5, calling for tougher penalties against those involved in the dentistry Facebook scandal.

JEFF HARPER/METRO

Profs' complaint against dentistry students rejected

Dalhousie.

Non-suspended students return to class Monday

Four Dalhousie University professors say they have "mixed feelings" after a complaint they launched — against a group of 13 male dentistry students who were allegedly members of a Facebook page where sexually violent content was posted — was rejected by the school.

In a letter sent to the professors on Saturday, the school's vice-provost of student affairs said it will not proceed with the complaint filed under the code of student conduct because the issue is already being dealt with under an academic standards committee within the dental school.

Anne Forrestall says because the matter is being reviewed by that committee, it's not eligible for review under the code of student conduct. She says the committee will evaluate the stu-



Dalhousie University president Richard Florizone. JEFF HARPER/METRO

dents on professionalism and will make recommendations based on their findings.

The professors have said they launched the formal complaint, which called for the suspension of the students on an interim basis, last month on behalf of other students who felt more needed to be done.

In a letter responding to the rejection, the professors say they are disappointed the complaint did not result in a

Press conference

Barred from classes

None of the 13 men involved in a controversial Facebook group at Dalhousie University will be allowed to attend regular classes when they resume on Monday, says the school's president.

Richard Florizone announced the decision during a news conference Friday, in the latest round of updates on the university's handling of misogynistic comments that were posted on a Facebook group allegedly by fourth-year male dentistry students about

their female classmates.

"All of us continue to be shaken by those misogynistic comments that we find completely unacceptable," Florizone told reporters.

He said that as of Thursday, the Academic Standards Class Committee decided the 13 men would not be allowed to attend regular classes alongside the rest of their 31 peers.

Although he did not provide logistics or the length of time the classes will be separated, Florizone said the men will be able to view lectures using technology or will meet elsewhere on campus.

THE CANADIAN PRESS

formal discipline process.

The professors said they are concerned that the academic standards committee is internal to the faculty of dentistry, which is also being looked into as part of an external investigation led by Constance Backhouse, a professor at the University of Ottawa.

"We are ending our engagement around the complaint with mixed feelings," said the letter signed by professors Francoise Baylis, Jocelyn Downie, Brian Noble and Jacqueline Warwick.

"We are concerned and

bewildered by the fact that a committee within (the faculty of dentistry) is tasked with reviewing the apparent misogynistic, sexist, and homophobic conduct of students in the Facebook group."

But they also say that the university took a positive step by launching the independent investigation, which will explore the environment, training and policies at the dentistry school to determine if they contributed to a tolerance for misogyny and sexist conduct.

THE CANADIAN PRESS

'It's beyond the French people; we are fighting for humanity'

Grand Parade.

Haligonians gather to show solidarity with France after terror attacks



HALEY RYAN

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Dozens of people linked arms as they stood in a circle in Grand Parade, holding signs and pencils against icy winds as a woman speaking French read the names of shooting victims into a microphone.

About 60 people stood together in Halifax on Sunday afternoon to show solidarity with the people of Paris following terror attacks on the Charlie Hebdo magazine and a kosher supermarket in the city last week, which left 17 people dead.

"We can't just sit and wait for this world to regress, and to accept violence when there is no reason," said Alize Barth, a Parisian who has been living in Halifax for the past three years and organized Sunday's gathering.

"I may not agree with you, I may actually totally oppose what you're thinking — that doesn't give me the right to take a gun and shoot you and kill you."

Thousands flooded the streets with banners and chants proclaiming "Je suis Charlie" in Paris and other



Members of the public hold signs saying "Je suis Charlie" at Grand Parade in Halifax Sunday to show solidarity after the killing spree in France last week. JEFF HARPER/METRO

cities across the world Sunday.

Barth said it was important for all countries to join together and show the attackers that "unity is the most important thing, and that we won't let them just walk on our freedom."

"But it's beyond the

French people; we are fighting for humanity and for freedom and unity."

Halifax Regional Police Chief Jean-Michel Blais joined in the circle Sunday. He said he comes from a francophone background and can trace his family tree to southern France, and it was important for him to offer support for the French police — as they did when Canada dealt with the shootings of police and military citizens this fall.

Blais said the most important way to combat terrorism in our own city is to continue with our lives, as the shooters are trying to create "mass disruption."

"They're trying to make us afraid, and we can't allow that to happen," he said. "We have to cherish those values that are important to us in a Canadian society ... freedom of expression, for caricaturists, for people of faith whether it's Muslim, whether it's Jewish."

Participants

'Voice of the people is powerful'

Gail and Scott Ferguson held a banner along with a Canadian flag as they listened to Alize Barth and Mayor Mike Savage address the crowd on Sunday at

Grand Parade.

Gail said with the recent violence in Ottawa and Moncton, it's important to show a human network linking Haligonians to those mourning in Paris.

"The voice of the people is powerful, and it's necessary to express yourself in public display," Gail said.

Quoted

"My feet are frozen, but my heart is very warm."

Alize Barth

Third death linked to house fire ruled a homicide

Investigators in Halifax have ruled the death of a third person whose body was found at the scene of a house fire last week a homicide.

The body was found in the home on Old Guysborough Road Thursday morning, hours after firefighters extinguished an intense fire reported around 4:30 p.m. Wednesday.

A release states that because of the condition of the body, it will be some time before the victim's identity can be confirmed.

Firefighters discovered two bodies inside the home upon arrival.

A 30-year-old man appeared in Dartmouth provincial court Friday, facing murder charges in those two deaths.

Next court date

Codey Hennigar has been remanded until his next court appearance, scheduled for Jan. 30.

Codey Reginald Hennigar of Wyse Corner sat with his hands folded and kept his eyes to the floor as charges

were read against him.

According to court documents, Hennigar faces two charges of second-degree murder in the deaths of Clifford William Ward, 81, and Mildred Anne Ward, 54.

Police said these two deaths were being treated as homicides following autopsies performed Thursday.

A suspect was arrested late Wednesday night after

he allegedly rammed two police vehicles about a half-hour drive from the scene of the fire, in the Milford area, with a car registered to the address of the home that burned.

On Friday, Hennigar appeared in court with no lawyers and was instructed by the judge to obtain legal counsel.

STEPHANIE TAYLOR/METRO



Codey Reginald Hennigar is taken from court in Dartmouth on Friday. ANDREW VAUGHAN/THE CANADIAN PRESS

Councillor backs off on whistle ban

CN train troubles.

Gloria McCluskey says staff efforts already underway to limit use near King's Wharf



RUTH
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A Dartmouth councillor says she'll withdraw a motion to draft an anti-train-whistle bylaw for the King's Wharf area — but she's not letting the issue go.

Coun. Gloria McCluskey had included a request on the council agenda for Tuesday asking staff to look into a bylaw banning the use of train whistles near the new development.

"That thing has been dragging on so long, and so many people got involved ... so I said, enough of this, I'm going to put a motion forward to bring this thing to a head, one way or another," she said.

McCluskey said residents have been plagued by CN train operators using the whistle at all hours of the day and night when approaching the level crossing that was added when King's Wharf was built.

However, she said she's received an email from a member of the CAO's office indicating that work is underway to get the whistling stopped without resorting to a bylaw mechanism.

McCluskey said on Friday the email indicates city staffers are working with CN to determine "exactly what they require to process an application to Transport Canada for relief from the requirement to sound the whistle."

She said the first step is a detailed engineer's assessment of the conditions at the crossing, which developer Francis Fares has offered to pay for.

With that work underway, she said it doesn't make sense to table a motion for a staff report on a bylaw.

"I'm going to be told, 'We're dealing with it now. Staff is involved,'" she said. "Not that I'm going to forget about it, because I'm not."

Patience

"We have a lot of frustrated residents, but these things don't happen overnight."

Coun. Gloria McCluskey



Coun. Gloria McCluskey is shown in this file photo. JEFF HARPER/METRO

Downtown disturbances

Police warn about illicit drugs

Halifax police are warning residents to stay away from all illegal drugs after a string of incidents in the downtown core.

According to a release from Halifax Regional Police, officers have responded to several disturbances in the city's downtown since Dec. 31 where individuals

were either agitated, out-of-control or lethargic after, it is believed, they consumed an unknown type of illicit drugs.

Police are unsure whether these individuals consumed the same type of drugs or if these three incidents are connected.

Investigators in the drug unit of the Integrated Criminal Investigation Division have recently launched an investigation into the situation. **METRO**

Lunenburg County

RCMP investigating after 2,100-pound horse fatally shot

Police in Nova Scotia are investigating after a horse was fatally shot.

The RCMP in Lunenburg County say they received a complaint Jan. 1 about a horse being shot dead in the community of Parkdale. Police say the dead horse

was a seven-year-old female Percheron that weighed 2,100 pounds.

The horse was last seen alive on Dec. 20 and was one of four horses that roamed a 30-acre property. The other horses weren't hurt.

Police believe the horse was shot sometime between Dec. 20 and 25. **METRO**



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Growth of property assessments in Halifax stays sluggish in 2015

Lowest level since 2008. City CFO says he doesn't expect market slowdown to affect residential tax freeze



RUTH DAVENPORT
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The 2015 assessment roll for Nova Scotia shows that while assessments have grown in value in Halifax, the pace of growth has slowed for the fourth year in a row to the lowest level since 2008.

"This trend, in my experience, I haven't seen this moving towards this direction in quite a few years," said Property Valuation Services Corporation CEO Kathy Gillis.

Property assessments for 2015 were mailed to 600,000 property owners across the province Friday.



The Property Valuation Services Corporation says a softening of the resale market is partly to blame for declining growth in property assessments. JEFF HARPER/METRO

The figures show that total assessments in the central region — which includes Halifax — have climbed by 4.7 per cent to just under \$53.3 billion.

That's down from 2012, when the total assessment roll grew by 7.3 per cent. It's also the lowest increase since 2008.

Gillis said the slowing growth reflects a softening

economy and a demographic shift in Halifax of empty nesters selling their homes and moving into condos and apartments.

"There continues to be

Total values

- **\$40 billion:** Total value of residential property assessments in HRM.
- **\$13.3 billion:** Total value of commercial property assessments in HRM.

some new construction, but it's resale of regular property, we're not seeing that in the same way we would have seen in previous years," she said on Friday.

Halifax has managed to freeze residential tax bills for the last two years, and city staffers have been asked to cost out a budget based on another zero increase again this year.

The city's chief financial officer said he had no concerns about being able to do so, despite the declining growth in assessments.

"Council has been trying to keep the tax burden flat, so regardless of where assessment goes, we'll adjust the rate so that you pay the same amount of tax," said Greg Keefe. "So the fact that the market is slowing a bit really doesn't impact that strategy."

Anyone wishing to appeal their assessment has until midnight on Feb. 9 to do so. The cap for residential properties has been set at 2.1 per cent for this year, and for the first time, PVSC is making the 2015 taxable assessed value for every property in Nova Scotia available online.

"In October, to provide more information and encourage advance consultation with property owners, we added 2015 preliminary values to our website," said Gillis.

"We also included additional characteristics like quality grade of new construction, living space, number of bedrooms."

Fitness enthusiasts flock to weekend health show

Everywhere you looked there was something different: drinks made of beet crystals; every kind of supplement; people giving massages with their feet. And that's just a fraction of what was on offer at

the OptiMyz Live Health Expo at the Cunard Centre over the weekend.

The Expo was a sprawling maze of booths, each one with a slightly different take on what it means to be healthy. Wendy

Rodda and Howard Selig were extolling the benefits of flax, which they produce at their facility in the Annapolis Valley.

"It's easy and it's healthy," said Rodda on Saturday. "You can throw it in your smoothie

or sprinkle it on your cereal."

Speakers were trying to motivate crowds to eat better and set goals for themselves.

"Who can tell me the difference between a refined and a complex carbohydrate?" one

speaker asked.

Beyond those more scientific questions, many visitors at the Expo were simply looking for ways to maintain New Year's resolutions.

"I set a goal for myself to

lose 20 pounds by April 1," said Dan Coleman, who was strolling through aisles of brightly coloured boxes. "It's not going to be easy, but being here is helpful for motivation."

BRAEDON CLARK/FOR METRO

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Oldest known hockey stick gets new home

Cut from a Cape Breton tree branch.
Museum of History paid \$300K for artifact

Mark Presley lets his mind wander, imagining William Moffatt playing hockey on a small Nova Scotia lake almost 200 years ago.

Moffatt, nicknamed "Dilly" and born in 1829, is believed to have been the original owner of what the Canadian Museum of History says is the world's oldest known hockey stick.

The son of Loyalist ship-builders who settled on the shores of Pottle Lake, Dilly would have been less than 10 years old when the stick was fashioned from a single tree branch. He took ownership of the short-handled stick by carving his initials into its long blade.

Now the stick sits in a protective case, awaiting its unveiling when the Canadian Museum of Civilization is officially reopened as the Museum of History on Canada Day in 2017.

Presley was fascinated by the stick when he found it in a barber shop in 2008 in North Sydney. His fascination was such that he paid \$1,000 for it.

"In terms of historical significance, it's just scintillating stuff," Presley said as he and the



Mark Presley holds what is thought to be the world's oldest known ice hockey stick during an announcement at the Canadian Museum of History in Gatineau, Que., on Friday. SEAN KILPATRICK/THE CANADIAN PRESS

Quoted

"It is the earliest known hockey stick, or hurley stick, that we have yet to identify."

Jennifer Anderson, museum historian

museum showed off the artifact Friday. "It's really exciting."

With the help of experts at Mount Allison University in Sackville, N.B., it was determined the tree branch was cut in Cape Breton in the mid-to-late 1830s.

Until the age of the Moffatt stick was determined, the oldest known was the so-called Rutherford hockey stick.

Shaped by Alexander Rutherford in about 1852, it sold on eBay in 2001 for \$2.2 million.

Through its donor-supported National Collection Fund, the museum recently purchased the Moffatt stick from Presley for \$300,000.

It's worth every penny, said Mark O'Neill, museum president and CEO.

"Hockey is Canada's game,"

he said. "We developed it and we cherish it like no other country in the world."

The Moffatt family held onto the stick until it was given to the barber shop in the early 1980s, where it sat on display until Presley bought it. Presley then went on a quest, passionately researching the stick's history, its age and the multi-generational story behind it.

Charlie Moffatt, then 92, told Presley how his grandfather played hockey on Pottle Lake as a boy. Over the last few years, the stick has undergone numerous scientific analyses, said museum historian Jennifer Anderson. **THE CANADIAN PRESS**

N.S. Power. Customers warned about scam

Nova Scotia Power says its customers are getting scam telephone calls by someone posing as an employee of the utility and demanding money on a prepaid credit card.

The utility says the caller tells customers their accounts are in arrears and the balance must be paid immediately or their power will be disconnected. Customers are then directed to buy a prepaid credit card and phone a number to make the payment.

This is the second time Nova Scotia Power has warned its

Not just N.S.

Nova Scotia Power says similar calls are also being made to customers of other utilities across the country.

customers of the scam which has continued since the utility first alerted the public about it on Dec. 19.

Over the past couple of weeks, the utility says the calls have focused mainly on restaurants. **THE CANADIAN PRESS**

Charged with assault

Woman agrees not to contact cabinet minister

A woman charged with assaulting a Nova Scotia cabinet minister has signed an undertaking that she will not try to contact him or his wife.

Court documents say 28-year-old Tara Gault must abstain from contacting Andrew Younger or his wife Katia, as well as another woman, except through legal counsel.

The information sworn on Friday says Gault is charged with assaulting Younger on or about Oct. 22, 2013, the day the Liberal government took power after the last provincial election.

THE CANADIAN PRESS

Cape Breton

Charges laid after man dragged by all-terrain vehicle

RCMP in Cape Breton say they have laid charges after a man was dragged by an ATV that was trespassing on his property in the L'Ardoise area.

Police say on Dec. 29, a 70-year-old man approached two people riding a two-seated ATV to tell them that they were on private property.

The Mounties say as the man tried to speak with them about trespassing, the driver allegedly rammed into the man, who then clung to the vehicle. They say the man was then dragged across the property before being thrown from the vehicle. **THE CANADIAN PRESS**



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Millions march in largest rally in France's history

'Our entire country will rise.' More than three million unite, march across France in solidarity against terrorism

Masses of people joined with world leaders to fill Paris streets Sunday in a rally for unity officials said was the largest demonstration in France's history. Hundreds of thousands more marched in cities around the country and the world to repudiate a three-day terror spree around the French capital that killed 17 people and left the three gunmen dead.

Their arms linked, more than 40 world leaders led the sombre procession — Israeli Prime Minister Benjamin Netanyahu and Palestinian President Mahmoud Abbas; Ukrainian President Petro Poroshenko and Russian Foreign Minister Sergey Lavrov — setting aside their differences for a demonstration French President François Hollande



Hundreds of thousands march in Paris on Sunday in a massive show of unity and defiance in the face of terrorism acts that killed 17 people. Officials said it was the largest demonstration in French history. LAURENT CIPRIANI/THE ASSOCIATED PRESS

said turned the city into "the capital of the world."

People streamed through the streets behind them and across France to mourn the victims of the deadly attacks on satirical Charlie Hebdo newspaper, a kosher supermarket and police officers — violence that tore deep into the nation's

sense of wellbeing some compared to 9/11 in the U.S.

"Our entire country will rise up toward something better," Hollande said.

The French Interior Ministry said it's hard to calculate the exact number of demonstrators given the turnout, but more than three million are projected

to have marched across France.

France remains on high alert while investigators determine whether the attackers were part of a larger extremist network.

More than 5,500 police and soldiers were deployed on Sunday across France, guarding marches, synagogues, mosques,

schools and other sites.

"The terrorists want two things: they want to scare us and they want to divide us," French Foreign Minister Laurent Fabius told TV channel iTele. "We must do the opposite: We must stand up and we must stay united."

THE ASSOCIATED PRESS

Paris. Video of gunman emerges

Two days after his death, a video emerged Sunday of one of the Paris gunmen pledging allegiance to the Islamic State of Iraq and the Levant (ISIL), while his two fellow militants have claimed to be from al-Qaida — a fierce rival.

In video verified by the SITE Intelligence Group, Amedy Coulibaly said he had worked in co-ordination with Said and Cherif Kouachi, the "brothers from our team," who carried out the massacre at the satirical newspaper Charlie Hebdo on Wednesday.

"We did things a bit together and a bit apart, so that it'd have more impact," he said in fluent French, adding he had helped the brothers financially.

The video appeared Sunday on militant websites. Police said they were investigating the conditions under which the video was posted.

The brothers killed 12 people at the Charlie Hebdo offices, but were killed two days later by police, who minutes later killed Coulibaly, who had taken hostages in a kosher market. All three men were French.

Later in the video Coulibaly called on others to carry out new attacks. THE ASSOCIATED PRESS

2014. 300 breaches of privacy reported last year

The federal government reported 300 breaches of Canadians' private information in 2014, including a dramatic robbery of a courier truck carrying passports in Venezuela last November, Torstar News Service has learned.

A courier truck leaving the Caracas airport was held at gunpoint on Nov. 11. Two packages containing 61 visa decision letters, including passports, were among the contents stolen.

Citizenship and Immigration Canada, the department transferring the passports from the visa office in Mexico City to Caracas, informed the

privacy commissioner of the breach on Nov. 26 according to documents obtained under access to information law.

The robbery was one of the more dramatic incidents among privacy breaches reported to Ottawa's privacy watchdog by federal departments and agencies in 2014.

The Caracas robbery was the second theft of personal information to be reported last November. On Nov. 6, Employment and Social Development Canada reported the loss of 19 applications for funding under the New Horizon for Seniors program. TORSTAR NEWS SERVICE

Khaled Al-Qazzaz

Canadian jailed in Egypt released

An ailing Canadian resident imprisoned in Cairo for more than a year has been released from custody.

Khaled Al-Qazzaz, a 35-year-old University of Toronto engineering gradu-

ate, is a former aide to ousted president Mohamed Morsi.

He was arrested along with Morsi and eight other aides in July 2013 when the Egyptian military removed the president from office.

Egyptian authorities neither charged him nor explained why they arrested him. THE CANADIAN PRESS

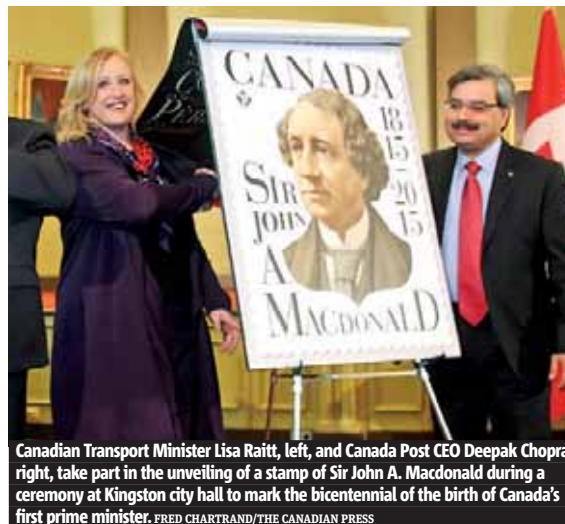
Without Macdonald, Canada 'simply would not exist': PM

Stephen Harper paid tribute to the country's first prime minister Sunday, marking the 200th anniversary of the birth of Sir John A. Macdonald by saying the Scots-born politician "forged Canada out of sheer will."

"Never forget, there was nothing certain or inevitable about what Macdonald and his fellow fathers of Confederation accomplished. It was in fact remarkable," Harper told a room full of dignitaries — including two former prime ministers — under tight security at the historic city hall in Kingston, Ont.

"Without Sir John A. Macdonald, Canada as we know it — the best country in the world — simply would not exist," Harper said to applause.

Macdonald's political career as a Kingston alderman began the year the cornerstone of Kingston City Hall was laid, 1843, and after his death the first prime minister of Canada



Canadian Transport Minister Lisa Raitt, left, and Canada Post CEO Deepak Chopra, right, take part in the unveiling of a stamp of Sir John A. Macdonald during a ceremony at Kingston city hall to mark the bicentennial of the birth of Canada's first prime minister. FRED CHARTRAND/THE CANADIAN PRESS

lay in state in the same room where Harper delivered his remarks.

The Royal Canadian Mint

showed off the template of a new Macdonald \$2 toonie, and a refurbished portrait of Sir John A. was unveiled.

It was a decidedly non-partisan event — with former Liberal prime minister John Turner and Progressive Conservative Kim Campbell in attendance — but Harper's comments dovetailed with his Conservative party election message this year that Liberal Leader Justin Trudeau is unready to govern despite his lineage and high-profile name.

"Nation-building is never complete," said Harper, noting the "challenges and opportunities" are even greater as Canada approaches its 150th birthday.

The bicentenary of Macdonald's birth has spurred a fresh round of historical review and research, including some unflattering depictions of Macdonald's policies and attitudes toward Canada's First Nations. He helped implement and defended the residential schools system in the 1880s, the impacts of which remain felt to this day. THE CANADIAN PRESS

Cheap gas good for tourism: Industry

More bang for their buck. Tourism operators may use lower loonie to bring more Americans to Canadian roadways

Falling gas prices and a weakening loonie are raising hopes within Canada's tourism industry that 2015 will be a banner year.

Ian Jack, a spokesman for the Canadian Automobile Association, says if the price at the pumps holds until the spring, he expects an increase in the number of people travelling by car this year.

According to the CAA, the national average price of gas hit a high of \$1.39 a litre last June. On Friday, that average was 92 cents a litre.

Only 14 per cent of about 1,000 CAA members surveyed said they planned to drive more during the recent Christmas holidays. But Jack said most people don't like to drive in the winter and he expects those numbers

will rise during the warmer months.

"If we continue to see low prices into the spring and summer we do expect a significant uptick in car vacations in Canada," he said.

Statia Elliot, director of the school of hospitality, food and tourism management at the University of Guelph, agrees.

"I think with the way the dollar is and the way gas prices are, we're going to see good, strong demand for summer vacations," she said, adding that cost is one of the top factors people consider when deciding to travel.

"Three-quarters of what we call tourism is generated by our own Canadian travel, and with low gas prices that will encourage more people to get in the car and travel closer to home," she said.

Elliot said that, while Americans likely aren't watching the loonie, smart tourism operators will use their marketing savvy to encourage Americans to come to Canada.

THE CANADIAN PRESS



If the current price at the pumps holds until the spring, the Canadian Automobile Association expects an increase in the number of people travelling by car this year, raising hopes within Canada's tourism industry that 2015 will be a banner year. MICHELLE SIU/THE CANADIAN PRESS

Other side of the coin

Falling price hits oilpatch

When it comes to figuring out how much pain tumbling crude prices are going to inflict on the oilpatch, one investment strategist says it's not so much a question of how low oil will go, but of how low for how long.

"You don't really know at this point how it's going to turn out," said Kara Lilly, with Mawer Investment Management in Calgary.

A barrel of U.S. benchmark crude oil settled at \$48.36 US on Friday, less than half of where it was just six months ago. The price weakness has already caused widespread cuts in the oilpatch, with drilling budgets being sliced. The spectre of job losses looms.

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VOICES

DIVIDE AND CONQUER

It appears as though the provincial government's plan will work: Weakening the power of Nova Scotia's largest union



HALIFAX MATTERS
Stephen Kimber

By this time next week, government-appointed mediator-arbitrator Jim Dorsey is expected to hand down his final report into which health-care worker should be represented by which health-care union.

His choices seem limited. The Health Authorities Act — which the McNeil government introduced last fall as part of its promise to merge nine district health authorities into one — not only mandates there be just four bargaining units for the entire system but also insists each bargaining unit be represented by one union, and that no union can represent more than one unit.

You couldn't have written better legislation

from the government's point of view.

There is a logical and politically popular case to be made for streamlining the administration of the health-care system and the bargaining process.

But the legislation is also precisely, politically targeted to weaken the province's nemesis, the Nova Scotia Government Employees' Union.

The NSGEU currently represents close to half of the province's 24,000 health-care workers, including 2,500 registered nurses and 660 licensed practical nurses (who will end up in one bargaining unit), most of them in Halifax's former Capital Health District, and the majority of unionized workers in public health, addiction and care co-ordination (another bargaining unit).

The new law — and the arbitrator's careful-

ly constrained mandate — will likely force nurses and LPNs into the government's union of choice: the Nova Scotia Nurses Union, leaving the NSGEU with fewer, lower-paid members.

That will not only effectively decimate the NSGEU financially but also weaken its bargaining power for its remaining public-sector workers. It's worth remembering that, less than two years ago, the NSGEU opened a gleaming new \$15.5-million headquarters in Dartmouth's Burnside Industrial Park.

Dumping on the NSGEU may be politically popular but it appears to be a slap in the face to the Canadian Charter of Rights and Freedoms' freedom-of-association provision, not to mention a dog's breakfast of international labour laws and treaties to which Canada is a signatory.

Reducing union powers

That will not only effectively decimate the NSGEU financially but also weaken its bargaining power for its remaining public-sector workers.

Several legal experts — including Charter expert Wayne MacKay and international law scholar Patrick Macklem — made exactly those points in presentations to the arbitrator last month. Will he listen? Can he? We shall see.

What is clear is that, whatever his decision, it will not be the end of the story. The validity of this law will almost certainly ultimately be decided by the courts — at a great financial and social cost.

Your Halifax



Friendly jabs

Tristan Cook, 10, throws some jabs at instructor Chris Laliberte from 374 MMA at the OptiMYz Live Health Expo in the Cunard Centre on Sunday.

JEFF HARPER/METRO

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Letters

RE: Charlie Hebdo shooting coverage

What would the Prophet do? When I learned of the recent barbaric killing of 12 innocent people in Paris, France, I was extremely saddened and deeply disturbed.

First and foremost, my thoughts go out to the victims and their loved ones. It pains me greatly to hear that such acts are carried out in the name of Islam. I am a member of the Ahmadiyya Muslim Community and have always been taught the message of "Love for All, Hatred for None." These acts have no place in Islam.

What perplexes me most is why do these ignorant extremists not think to ask themselves, "What would the Prophet of Islam do?"

He would respond to those who insulted and abused him with a smile and a kind word. This is the Islam that I know and love. As true Muslims, insults against the Prophet should be dealt with love and prayers. I pray for those who feel the need to attack my religion. I pray even more for those who feel violence is the solution. **Ejaz Arshad, Calgary**

A different interpretation The Latuff drawing, to me, represents the gunmen actually doing more harm to Islam (represented by the mosque) than it is about a potential backlash. Their bullets are aimed at the newspaper, but really, they are hitting their own faith. **Giacomo Cassano**

Don't let the thought police win As a journalism professor I absolutely support — and sometimes enforce — the use of a precise and appropriate vocabulary. However, I was astounded to read the comments of a colleague criticizing the term "barbaric" with regards to the Charlie Hebdo attack.

First, any murder committed in the name of religious belief — whatever the religion — can certainly be described as barbaric and connotation of this term seems particularly appropriate here. But the main point is that this kind of soothing language/thought police is precisely what the murdered journalists stood against. In its excess, their provocative style was a manifesto against too-easily-offended sensibilities. **B. Labasse, Ottawa**

Cable TV rules Golden Globes

Award season.

Major TV networks mostly shut out of winner's circle while indies make a strong showing on film side



**NED
EHRBAR**
Metro in Hollywood

The reigning theme on the red carpet for this year's Golden Globes might have been red gowns, but inside the Beverly Hilton it was awkwardness — horrible, painful awkwardness. Even veteran hosts Tina Fey and Amy Poehler couldn't escape the cringe-inducing atmosphere in the Beverly Hilton ballroom, especially when launching into dueling Bill Cosby impressions.

Even planned bits during the awards show — like Margaret Cho as a Hollywood Foreign Press Association member from North Korea taking a photo with Meryl Streep — were awkward, though in that case that might have been the point. And the awkwardness seeped into the spontaneous moments, like when Jeremy Renner made mention of co-presenter Jennifer Lopez's "globes" (see sidebar).

Of course, the real point of the night was the awards. On the film side, the indie film presence was strong. Boyhood was the big winner, taking home best drama and best director, plus a win for Oscar favorite Patricia Arquette in best supporting actress. Wes Anderson's *The Grand Budapest Hotel* won the best comedy feature award, while Michael Keaton won best actor in a comedy or musical for *Birdman* — which also



Tina Fey, Margaret Cho — as a North Korean journalist — and Amy Poehler. THE ASSOCIATED PRESS



Kevin Spacey accepts the award for best actor in a TV drama series for his role in *House of Cards*. THE ASSOCIATED PRESS



Amy Adams wins a Golden Globe for her role in *Big Eyes*. GETTY IMAGES

won Best Screenplay — and J.K. Simmons won best supporting actor for his work in the Sundance hit *Whiplash*. Elsewhere, *How to Train Your Dragon 2* took best animated film, *The Theory of Everything* won best score and *Common* and *John Legend's Mercy for Selma* won best original song.

In the world of TV, things were less awkward than they were surprising as Jane the Virgin star Gina Rodriguez surprised awards prognosticators by taking best actress in a

comedy or musical and Amazon's first nominated series, *Transparent*, won best comedy or musical series and best actor for star Jeffrey Tambor.

In fact, the four major TV networks — CBS, NBC, ABC and Fox — were pretty much shut out from the awards Sunday night. Joanne Froggatt brought home her first Golden Globe, a supporting actress trophy, for *Downton Abbey*, taking home an award her co-star Maggie Smith has previously won. But the big winner

for the night was freshman FX drama *Fargo*, which earned an award for the show itself and supporting actor Billy Bob Thornton. Showtime's *The Affair* was also a big winner, bringing home best drama series and best actress for Ruth Wilson. Kevin Spacey matched Robin Wright's win last year with his own for *House of Cards*.

Despite high hopes, Tina Fey and Amy Poehler turned in possibly their weakest Globes hosting appearance, disappearing for most of the show after a stilted opening. Even before the show began, hosts Fey and Poehler confirmed that this go at hosting the awards — their third in a row — would be their last.

"Next year they should go with someone younger and easier to work with, like a Japanese hologram," Poehler joked on the red carpet. Maybe next year's will be less awkward.

Awkward moments

1 While presenting an award with Lopez, Renner decided to try ad-libbing. Lopez pointed out that she had "the nails" to open the envelope, to which Renner added that she also had "the globes." She did not seem pleased. Her dress was not doing J.Lo any favours, with some sort of rogue underwire taking it upon itself to impale one of her boobs the whole night. It was ... distracting.

2 Competing *Cosby* impressions: Amy Poehler and Tina Fey broke the seal on Bill Cosby jokes early, but segued quickly into trying to get his voice right while the audience cringed.

3 The lack of A/C: This was also a remarkably shiny Golden Globes this year, too, with presenters, winners and random audience members looking very, very sweaty.

4 Jennifer Aniston was joined on stage by Benedict Cumberbatch, who was seemingly picked at the last moment by Fey and Poehler. Either he really was, or he and Aniston are better actors than we thought, because that banter was struggling.

5 Kristen Wiig's Robert De Niro impression: Apparently there are some things she can't do.

FOR MORE ON THE GOLDEN GLOBES, VISIT METRONEWS.CA

2
SCENE

Playtime was never this fun

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METRO'S TAKE
ON THE WORLD
OF CELEBRITIES



Bradley Cooper ALL PHOTOS GETTY IMAGES

Who'll turn up for Wet Hot American Summer reboot?

An eight-episode series sequel to the 2001 cult comedy film *Wet Hot American Summer* may sound like one of the stranger ideas that Netflix has ever had, but it just got infinitely more awesome. Deadline reports that the series has already started filming, with "virtually its entire ensemble cast returning." We have no idea who

from the original cast is included in that "virtually" bit, but that's a lot of star power to choose from. The original film starred some notable names like Bradley Cooper, Amy Poehler, Raul Rudd, Janeane Garofalo, Ken Marion, Christopher Meloni, Molly Shannon and David Hyde Pierce. Guess we'll just have to wait and see.

Be careful, or Blake Lively will surprise you with a baby

So maybe the real reason Blake Lively held off on announcing the birth of her daughter for a couple of weeks was so that she could punk her friends.

She at least managed to pull off a surprise baby attack with one pal, *Sisterhood of the Traveling Pants* co-star Amber Tamblyn. When asked how she found out about Lively's big news, Tamblyn responded with a measured, "That bitch! She tricked me," according to *People* magazine.

See, what happened was that Tamblyn was heading up to Lively's Bedford, N.Y., home recently, totally unaware that the nursery was now occupied. "I went up there and I didn't know. Everybody knew but me, and she does that s— to me," Tamblyn explains. "She was texting me about wallpaper. She was like,



Blake Lively

'You've got to come see my new wallpaper.' And I went up there, and there was her baby."

Enjoy it while you can, Blake, because that trick only works so many times.

Bieber's camp insists Calvin Klein images were 100 per cent Canadian bacon

So those supposedly original photos from Justin Bieber's Calvin Klein photo shoot showing a much skinnier and less well-endowed Biebs that hit the Internet late last week? Totally fake.

Maybe the fact that they were leaked to a website you've never heard of before should've been a clue. Or maybe a closer look at Bieber's crotch — and again, I'm really sorry I have to keep suggesting you look at that — would have clearly shown that the "un-retouched" photos were actually more Photoshopped than the official versions.

That website, breatheheavy.com, by the way, removed the image and posted a retraction, saying it had received a cease and desist letter. The Calvin

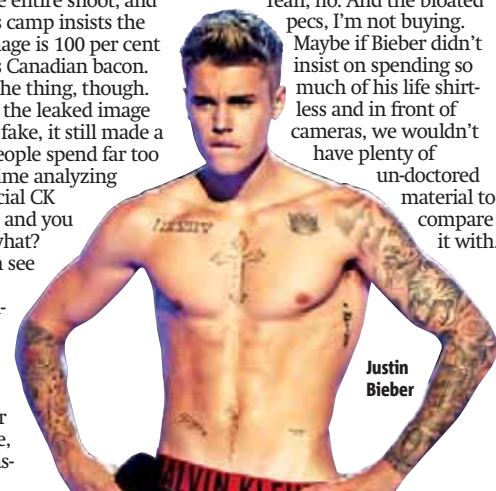
Klein folks swear that Bieber acted like a perfect little gentleman the entire shoot, and Bieber's camp insists the final image is 100 per cent Bieber's Canadian bacon. Here's the thing, though. Despite the leaked image being a fake, it still made a lot of people spend far too much time analyzing the official CK images, and you know what? All I can see now is retouching and image manipulation. For instance, that mas-

sive back muscle that pushes out past his shoulder blades?

Yeah, no. And the bloated pecs, I'm not buying.

Maybe if Bieber didn't insist on spending so much of his life shirtless and in front of cameras, we wouldn't have plenty of

un-doctored material to compare it with.



Justin Bieber

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SUPREME COURT OF NOVA SCOTIA
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- and -
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of the Estate of the deceased mortgagor, Donna Irene McKay

Hfx No. 425041
PLAINTIFF
DEFENDANT

NOTICE OF PUBLIC AUCTION

To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

PROPERTY:
House, lands and premises known as 10 Greendale Drive, Lawrencetown, Halifax County, Nova Scotia, identified by PID 00496786 and more fully described in Schedule "A" of the mortgage dated July 11, 2008 and recorded at the Land Registration Office for Halifax County, Nova Scotia as Document No. 91259029. This property is registered pursuant to the *Land Registration Act*.

Together with and subject to an Easement as described in Book 3476 at Page 739 as document 12698.

A copy of the description of the property, as contained in the mortgage foreclosed, are on file at the Sheriff's office and may be inspected during business hours.

Date of Sale: Monday, January 19, 2015.
Time of Sale: 9:00 a.m. local time.
Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.

Terms:
Ten per cent (10%) deposit payable to "Burchells LLP, in trust" by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen (15) days upon delivery of deed.

Signed December 10, 2014.
Nicholas C.G. Mott
COX & PALMER
1100-1959 Upper Water Street
PO Box 2380 Central
Halifax, NS B3J 3E5
Solicitor for the Plaintiff

I, Andrew Rankin, Barrister
Burchells LLP

Don't be a divorce dummy

Legal bills. Avoiding lawyers might seem like a good idea when navigating a split, but separation agreements need to be solid



GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Everyone knows divorce is expensive. According to Darren Gingras, President of the Common Sense Divorce (with which I am affiliated), the average divorce costs \$15,000 to \$25,000 depending on whether the courts have to get involved. Is it any wonder people would rather DIY?

You might be tempted to take family law matters into your own hands because you're trying to save money.

Maybe you don't think your case is particularly complicated. Perhaps you have a basic mistrust of lawyers and the legal system's penchant for making everything more complicated than it need be.

Or maybe you just don't want to spend the money; splitting assets is going to leave you broke enough!

Hey, I hear what you're saying. But I've been divorced enough times to know that if you don't know what you're doing — and if you're not a family lawyer, you don't — you could miss some important things that will screw with you later.

No, I'm not saying you have to hire a gunslinger.

I'm saying if you don't know what you don't know, how will you avoid stepping in the poop?



Be aware that so-called 'kitchen table' agreements usually don't pass court scrutiny. ISTOCK

Family lawyers have a name for those documents people like to create for themselves as they are separating: They call them 'kitchen table' agreements, because they're often signed in the kitchen over a cup of coffee. And their eyes flash with delight because they know that untangling the mess made will be profitable for them. Very profitable.

Sure, you'll save some money if you work out the details of your separation agreement amicably. That's common sense. But if you don't get independent legal advice to ensure all the i's are dotted and the t's crossed, lawyers and court costs may be in your future.

Just because you agree to a thing doesn't make it stickable. Just because you execute it, have it witnessed

and follow it religiously, doesn't make it stickable. Kitchen table agreements can be tossed to the curb as soon as the weaknesses have been uncovered.

Take for example the kitchen table agreement that was thrown out by an Ontario court because child support was not implemented according to Ontario provincial guidelines.

And the kitchen table agreement that was nullified because financial disclosure wasn't done, so one spouse didn't fully appreciate what she was giving up when she waived her claim to her partner's pension.

And the kitchen table agreement in which one partner tried to pull the wool over the other's eyes.

Courts booted those agreements to the curb, leaving

them not worth the paper they were written on. And because the courts got involved, those cheap kitchen table agreements got very, very expensive.

Perhaps it is our desire to get out of our current relationship that has us rushing to agree.

Hey, it all seems so reasonable right now. But what about the future?

Will whatever you agree to today stand the test of time?

And how about the tax man? Will he come looking for his piece of the pie?

Creating a legally binding and long-lasting separation agreement doesn't mean you have to go to court. Nor does it mean that you have to escalate matters.

And you don't have to give

Precedents

In the case of *Zheng v. Jiang*, 2012, when the court struck down the agreement that had been made by separating partners, it said:

"It seems to me that this is the very type of homemade agreement entered into by spouses who are not properly informed as to the facts and law surrounding their circumstances that (the Family Law Act) was designed to deter. I agree with the statement in *Sagl v. Sagl* ... that "the policy of the Act is to discourage 'kitchen table' agreements."

away all of your assets to the legal system, either.

It does mean spending enough money to ensure that your separation agreement is consistent with the your province's Family Law Act and that everyone involved fully understands what it is that they are agreeing to and signing.

How much is enough? According to Gingras, for a separation agreement to have teeth, you're looking at about \$4,000.

No matter how tempted you may be to "keep the lawyers out of it," please, please don't put your faith in an office-supply-store separation agreement kit.

Gingras has seen more of these go south than he cares to think about.

"You want to spend enough money to do it properly the first time," he says.

3
THE

TOP SIX @ 6 Weeknights at 6 Kat counts down the HOTTEST songs of the day

- 6 Hedley Pocket Full of Dreams
- 5 Sam Smith I'm Not The Only One
- 4 Selena Gomez The Heart Wants What it Wants
- 3 Meghan Trainor Lips Are Movin
- 2 Mark Ronson ft Bruno Mars Uptown Funk
- 1 Nick Jonas Jealous

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Advice

That's not my name, that's not my name!

OFFICE SPACE
Eleni Deacon
life@metronews.ca

Dear Metro,
One of the VPs at my company has been calling me the wrong name for about a year, and I've been too nervous to correct her. We didn't work together directly, so it didn't seem to matter. However, I've just been assigned to a project that reports directly to this particular VP. Now I'm scared it will be super weird when she realizes she's been mixing up my name! How can I make things less awkward? — Answers to Anything

Dear ATA,
It's true your boss may feel a little embarrassed when she realizes her misnomer. But while calling someone the wrong name is an

honest accident, answering to the wrong name on purpose is peculiar.

Your response should reflect how badly your title is getting butchered.

If we're talking Kate vs. Katie, just laugh it off. Sue vs. Tatiana might be harder to ignore.

To avoid seeming scared-to-talk timid, address the issue before your VP gets another chance to mis-address you. Own up to your role in this protracted case of mistaken identity, making it clear that you took no offence.

Keep things light: This is a harmless mistake, and the fallout should only be as awkward as you choose to make it.

Dear Metro,
Winter is a slow period at my company, and I'm so bored! Our office is open-concept, and I don't want my boss to see me slacking on the Internet. But there's just not enough work to do! How can I fill the hours when there's nothing to fill them with? — Climbing the Walls

Dear CTW,
A lot of baggy-eyed, both-end-burners would trade their company-issued iPhones for your problems.

If there's really no work to do — have you already told you boss you could take on more? — create initiatives for yourself. These could be small-scale, like cleaning your desk or reorganizing your email. Or you could aim bigger by pitching a career-boosting project outside the scope of your usual work.

Instead of killing time on Facebook or Twitter, turn your online doddling into research: Spend your slow days Googling new skills or ideas in your field. It's also possible you've simply plateaued in your current situation.

In that case, you could use this winter slump to search for new jobs.

Very discreetly, of course.

ELENI DEACON IS A TORONTO-BASED WRITER WHO HAS SEEN IT ALL AS AN EAGER EMPLOYEE OF BIG OFFICES, SMALL OFFICES, HOME OFFICES AND ONE ITALIAN RESTAURANT.

How to press pause on your procrastination

Education. Gaining an understanding of why we put off tasks is crucial to successfully seizing the day



Learning how to use your time wisely takes practice. ISTOCK

It's a New Year's resolution students the world over make again and again: "This is the year that I will stop procrastinating on my assignments."

But one professor says that the first step to ending this habit is to rethink the way we view it.

"The research shows that self-awareness is the first step in any kind of behaviour change," says Dominic Voge, associate director of the Undergraduate Learning Program at Princeton University. "Most people see procrastination as some kind of failure in yourself, but that's a fundamental misunderstanding of the problem."

We asked Voge why so many of us procrastinate and what we can do about it.

Identify the problem

"Procrastination is often a self-protection strategy," he explains. "It's protecting our self-concept of being capable and smart people."

This concept is particularly common among post-secondary students, many of whom are experiencing an academically competitive environment for the first time.

"If we wait until the last minute to study or write a paper, we can say to ourselves, 'If I perform poorly,

Forgive yourself

"Most people see procrastination as some kind of failure in yourself, but that's a fundamental misunderstanding of the problem."

Dominic Voge
Associate director of the Undergraduate Learning Program at Princeton University

it's because I didn't have enough time," Voge says.

Learn to use blocks of time

"It's easy to say 'Why even start' if you only have an hour between classes or if you are really tired, notes Voge.

"But you can say, 'Instead of watching TV, I can review my notes from class or I can skim a chapter of my textbook,'" he says.

The trick is to assign

yourself reasonable tasks. A half-hour is probably not enough to do your chemistry assignments, but it's enough time to review vocabulary for a language course.

Give yourself a fun goal

Part of the reason procrastination often feels like an insoluble problem, says Voge, is because "procrastination feels like a big wall, (it blocks you). So what is something that is going to get you over that wall?"

Voge suggests making a list of your interests and long-term goals to figure out your motivations.

Do you like the satisfaction of successfully solving a problem or delving into research?

Concentrating on the aspects of your classes that you like rather than focusing only on grades (which aren't solely in your control) goes a long way.

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BETWEEN:

SUPREME COURT OF NOVA SCOTIA

Hix No. 431569

TD FINANCING SERVICES HOME INC., a body corporate

PLAINTIFF

- and -
ALLAN MARSHALL & ASSOCIATES INC. as trustee in bankruptcy of
the estates of Alan Thomas O'Laughlin and Darlene Linda O'Laughlin

DEFENDANT

NOTICE OF PUBLIC AUCTION

To be sold at Public Auction under an order for foreclosure, sale and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

PROPERTY: All that certain parcel of land known as 126 Coronation Avenue, Halifax, Halifax County, Nova Scotia, also known as PID 00254060 and more fully described in the mortgage registered at the Halifax County Land Registration Office as document number 95556768. The parcel has been registered pursuant to the *Land Registration Act*.

A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the sheriff's office and may be inspected during business hours.

Date of Sale: January 14, 2015

Time of Sale: 10:00 o'clock in the forenoon

Place of Sale: The Halifax Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.

Terms: Ten per cent (10%) deposit payable to Boyne Clarke LLP in trust by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature

Signed on the ____ day of November, 2014.

I. Andrew Rankin

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Pork is a lean meat, and with today's agricultural practices, can be cooked to a medium doneness rather than well done as previously instructed years ago.

The cone presentation is a real treat visually and taste-wise. Any leftover fajita mixture can be served on its own if all doesn't fit into the tortilla

Ingredients

- 6 large flour tortillas
- 12 oz boneless pork tenderloin sliced thinly
- 2 tsp vegetable oil
- 2 1/2 cups thinly sliced white onions
- 1 1/2 tsp minced garlic
- 2 1/2 cups red bell pepper cut into strips
- 1/4 cup chopped cilantro or parsley
- 1/4 cup chopped green onions
- 3/4 cup shredded light cheddar cheese

Garnish (Optional)

- 1/3 cup medium salsa
- 1/3 cup low-fat sour cream



This recipe serves six. ROSE REISMAN

cone. Using various coloured tortillas is attractive, but if you want more fibre go for the whole wheat tortillas.

Directions

1. Preheat the oven to 375 F. Spray a 12-cup muffin tray with cooking oil spray. Fold each tortilla in half, then form into a cone, overlapping the sides. Fold up the point of the cone about an inch, then press the tortilla in every other muffin cup so they don't crowd each

Nutritional information

Per serving

- Calories. 388
- Carbohydrates. 53 g
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- Protein. 25 g

- Total fat. 10 g
- Saturated fat. 4 g
- Cholesterol. 40 mg
- Sodium. 1,731 mg

other. Spray each cone with vegetable oil. Bake for about 10

minutes or just until lightly browned and crisp.

2. Spray a large non-stick skillet with cooking oil and place over medium-high heat. Cook the pork for about for 2 to 3 minutes, or until cooked through (pork can be served at medium doneness). Do not overcook or it will dry. Remove from pan.

3. Add the oil to the same pan and brown the onions

and garlic, about 4 minutes. Reduce the heat to medium. Stir in the red pepper strips and cook until softened, about 5 minutes.

4. Remove the pan from heat. Stir in the cilantro, green onions and the cooked pork.

5. Divide the stir-fry amongst the tortilla cups, sprinkle with cheese and serve with garnishes if using.

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Huskies earn narrow win over Tigers

Dalhousie Tigers forward Sarah MacNeil, centre, gives chase to Saint Mary's Huskies blue-liner Beatrice Harrietha during AUS women's hockey action Sunday at Alumni Arena in Halifax. Sarah Douglas and Gemma MacDonald scored to help the Huskies edge the Tigers 2-1, while Victoria MacIntosh scored Dalhousie's lone goal.

JEFF HARPER/METRO



AUS men's hockey

SMU romps over Dalhousie

Kyle Pereira scored twice and Steven Beyers assisted all three second-period goals to lead the Saint Mary's Huskies to a 5-1 win over the Dalhousie Tigers in AUS men's hockey action Saturday night at the Halifax forum.

Michael Curtis, Cameron Wind and Steven Shipley also scored for Saint Mary's, while Cole Cheveldave made 22 saves.

Andrew Wigginton scored the lone goal of the game for Dalhousie, while goalie Corbin Boes stopped 27 shots in the cross-town rivalry matchup.

On Friday, the Tigers edged the St. Francis Xavier X-Men 3-2, while the Huskies fell 5-4 to the Acadia Axemen. **METRO**

AUS women's basketball

Huskies earn two wins against Reds

The Saint Mary's Huskies beat the UNB Varsity Reds not once, but twice, in AUS women's basketball action over the weekend.

The Huskies put the same number of points on the scoreboard in both games, beating the Varsity Reds 58-52 on Friday and 58-54 on Saturday in Fredericton.

The Dalhousie Tigers split their games, beating the UPEI Panthers 76-57 on Friday and falling 73-58 on Saturday in Charlottetown.

On the men's side, the Huskies edged the Varsity Reds 95-92 in overtime on Friday and fell 107-76 on Saturday, while the Tigers dropped an 89-82 OT decision to the Panthers on Friday and a 94-89 game to the same team Saturday.

METRO

NBL Canada

Rainmen snap losing streak in OT

The Halifax Rainmen got out of the gutter Saturday night, breaking a four-game losing streak by edging the London Lightning 111-107 in overtime.

Point guard Seiya Ando led the Rainmen with 20 points.

The much-needed win came after a tough 102-92 loss to the Brampton A's as part of the Rainmen's two-game road trip in Ontario.

METRO

Fucale bids fond farewell to Halifax

QMJHL. Mooseheads honour their former goalie before beating visiting Armada



KRISTEN LIPCOMBE

kristen.lipcombe@metronews.ca

Thanks, Zach.

That's what the 8,566 Halifax Mooseheads fans inside the Scotiabank Centre said Saturday night, rising to their feet to give their longtime star goaltender a heartfelt chorus of applause — the fond farewell Fucale deserves.

Zachary Fucale, 19, of Rosemere, Que., was traded to the Quebec Remparts following 187 regular-season games and 49 playoff games wearing the red and green, including President's Cup and Memorial Cup titles.

Fucale dropped the puck prior to a 3-1 win over the Blainville-Boisbriand Armada on Saturday, as part of pre-game ceremonies honouring his career with Halifax, which he made his home for four seasons. He was drafted 11th overall by the Mooseheads in the 2011 QMJHL Entry Draft.

"Thank you to you guys, for making my stay here unforgettable," Fucale told the crowd,



Former Mooseheads goaltender Zachary Fucale, who was traded to the Remparts last month, dropped the puck prior to Saturday night's home game against the Armada. DAVID CHAN/HALIFAX MOOSEHEADS

which erupted in appreciative cheers.

When the arena went briefly silent, one especially enthusiastic fan yelled, "I love you!"

The Fucale festivities, including a video montage highlighting his achievements and a bear hug with captain Ryan Falkenham, set the stage for Mooseheads success on the ice.

Forward Maxime Fortier opened the scoring at 7:17 in the first on assists from import forwards Nikolaj Ehlers of Aalborg, Denmark, and Timo Meier of Herisau, Switzerland, who like Team Canada gold medallist Fucale, recently re-

turned from the world juniors.

Ehlers made it 2-0 on a late second-period power play, driving hard to the net and using his typically stylish stick moves before slipping the puck in five-hole.

Armada's Yvan Mongo was able to put one on the board midway through the period, but Meier was able to seal the win with an empty-net goal in the final five seconds.

Netminder Eric Brassard, acquired from the Remparts as part of the Fucale deal, was named first star for making 32 saves. Ehlers received second-star honours, while Mongo was third star of the game.

Saying goodbye was bitter-

6-3 win over Gatineau

The Mooseheads also beat the Gatineau Olympiques 6-3 at home Friday.

- Nikolaj Ehlers and Timo Meier played in their first game since playing in the world juniors. Ehlers had a hat trick and a helper, while Meier added four assists.

- The Herd are in 10th place overall in the QMJHL standings.

sweet for Fucale's former teammates.

"Just watching the highlights from winning Mem Cup, and all the little things that we did with Fuces, was a big thing," defenceman Austyn Hardie said after the game.

Fucale, a Montreal Canadiens draft pick, holds a save percentage of .900 and goals-against average of 2.68 in the regular season, which includes franchise records of 126 wins and 12 shutouts. He also posted a .903 save percentage and 2.54 goals-against average in the playoffs.

"I'm going to miss everything about it," Fucale said Halifax. "It was a great time from start to finish."

La Liga

Messi for peace (at Barcelona)

Lionel Messi almost single-handedly restored peace at Barcelona by scoring once and setting up two more goals in a 3-1 win over Atletico Madrid Sunday. Afterward he denied media reports by saying he never called for coach Luis Enrique to be replaced.

THE ASSOCIATED PRESS

NHL

Panthers triumph in Edmonton for fourth straight win

Tomas Kopecky scored the game-winner and Jussi Jokinen recorded a pair of assists as the Florida Panthers stretched their winning streak to three games with a 4-2 victory over the Edmonton Oilers on Sunday.

THE CANADIAN PRESS



Florida Panthers goalie Roberto Luongo makes a save amid a maze of Oilers on Sunday night in Edmonton. JASON FRANSON/THE CANADIAN PRESS

NBA

Hawks streak past Wizards

Kyle Korver scored 19 points and DeMarre Carroll added 16 to help Atlanta Hawks win their eighth straight game, 120-89 over the Washington Wizards Sunday. Atlanta leads the Eastern Conference this late in the season for the first time in 21 years.

THE ASSOCIATED PRESS

Buffalo Bills

Ryan staying in AFC East: Source

Rex Ryan is switching teams after reaching an agreement to coach the Buffalo Bills.

A person familiar with the talks said the former New York Jets coach accepted in principle the Bills' contract offer after two days of discussions.

THE ASSOCIATED PRESS

Colts buck Broncos out of playoffs

AFC. QB Luck ushers in new era of greatness in Indy by beating former franchise superstar

Andrew Luck has his signature NFL win, and it came against his predecessor, of all people.

Hardly pressured all afternoon, Luck threw two touchdown passes and outplayed Peyton Manning in leading the Indianapolis Colts past the Denver Broncos 24-13 Sunday.

The Colts (13-5) advanced to the AFC championship game at New England (13-4), where they lost 42-20 on Nov. 16.

"I'd like to think I am a better quarterback and would like to think we're a better team" now, Luck said. "We are well equipped to handle the unknown, the unforeseen."

They sure were Sunday night in the Rockies, where Denver had gone 8-0 this season and averaged 35 points a game.

"I think we're playing good team ball," said Luck, who

Divisional round

24

Colts

13

Broncos

- **AFC Championship game.** Indianapolis Colts at New England Patriots

- **NFC Championship game.** Green Bay Packers at Seattle Seahawks
Both games next Sunday

improved to 3-2 in the playoffs. "We're feeding off each other. Offensively we're making enough plays to put some points on the board. Great night. So proud to be a part of the Colts in this victory."

The Broncos (12-5) are left to deal with the hangover of yet another playoff debacle — and, more importantly, questions about Manning's future.

After saying on Christmas Eve that he planned on com-

ing back for an 18th season, the five-time MVP wasn't so certain after his latest playoff fiasco.

Asked point-blank if he planned on playing next season, Manning said, "Uh, yeah, I guess I just can't give that simple answer. I'm processing it. So, I can't say that. I could not say that."

It was the first time Manning had been ambiguous about his future since spinal fusion surgery on his neck cost him all of the 2011 season and led Colts owner Jim Irsay to release him in 2012 so he could use the top pick to draft Luck.

"I knew it was the right thing to do for the Colts," Irsay said outside his jubilant locker room. "I saw Archie (Manning) last night. We had a nice conversation. Happened to be at Elway's Restaurant at the Ritz Carlton. It was a decision that it was the right move to make. Peyton and I had talked about it. He said it best in the press conference — I didn't decide. He didn't decide. The football gods laid the cards out. We both knew it as best for him and us."

THE ASSOCIATED PRESS



Broncos quarterback Peyton Manning is sacked by Indianapolis Colts outside linebacker Erik Walden in the second half on Sunday in Denver. The Colts moved on to the AFC Championship with the road playoff win. JACK DEMPSEY/THE ASSOCIATED PRESS

Packers advances past Cowboys amid controversy



Cowboys receiver Dez Bryant attempts to make a catch over Sam Shields of the Packers on Sunday in Green Bay. Initially ruled a catch, the call was reversed upon review. MIKE MCGINNIS/GETTY IMAGES

Hobbled but happy, Aaron Rodgers might have felt a bit lucky, too.

No matter: The All-Pro quarterback and his Green Bay Packers are one step away from the Super Bowl.

More stationary than usual because of a left calf injury, Rodgers rallied the Packers from an eight-point deficit with two second-half touchdowns past to beat Dallas 26-21 Sunday.

The Packers, helped immensely by a video reversal with 4:06 remaining, went undefeated at Lambeau Field this season. They head to Seattle — which beat Carolina 31-17 on Saturday — next weekend in the NFC title game.

Divisional round

26

Packers

21

Cowboys

"I think I got 120 minutes left in me," Rodgers said.

Green Bay might not have had any time left in its season if not for referee Gene Steratore's decision. Dez Bryant's leaping, bobbling 31-yard catch at the Packers' one-yard line on a fourth-and-two play was challenged by Green Bay coach Mike McCarthy. Instead

of first-and-goal for Dallas, the ball went over to the Packers.

"Some people think throwing the red flag is fun," Packers coach Mike McCarthy said. "It was such an impactful play, you had to challenge. It was a confident challenge. And a hopeful one, too."

One packed with controversy, as well.

"Look, I'll tell you this, I've never seen that a day in my life," Bryant said. "I want to know why it wasn't a catch."

Because Bryant didn't maintain control all the way to the ground, as the rule states. Replays showed Bryant bobbling the ball as he rolled into the end zone, with part of it touching the field.

"By rule he must hold onto it throughout entire process of contacting the ground," tweeted Dean Blandino, the league's director of officiating. "He didn't, so it is incomplete."

An impassioned Bryant didn't buy it.

"All I know is I had possession, I had possession of the ball coming down," Bryant said. "That's possession, right? One, two, reach. Bam, that's possession."

The Cowboys' first post-season trip to Green Bay since the 1967 Ice Bowl for the NFL championship resulted in their first road defeat of the season after eight victories.

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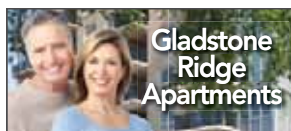
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→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

You may be in a cautious mood as the week begins but that's OK because this is a time for thinking things through rather than throwing yourself at life.

Taurus

April 21 - May 21

This is a great day for meeting with friends. On the career front, your ambitions may seem lofty to some but you know that anything is possible if you want it enough — and you do.

Gemini

May 22 - June 21

Whatever you want out of life you will find a way to get, but you will get it quicker if you make friends with the kind of people who can open doors.

Cancer

June 22 - July 23

You want to do something out of the ordinary. Only you can decide what that something is going to be. The planets indicate it will be fun and change your life for the better.

Leo

July 24 - Aug. 23

You need to think long-term rather than merely aim for short-term gain. That applies in particular to business and professional matters.

Virgo

Aug. 24 - Sept. 23

Partnerships will be vital over the next few days and even if you are the kind of Virgo who prefers to work alone it will pay you to join forces with someone who shares your ambitions.

Libra

Sept. 24 - Oct. 23

The tougher the challenge the more you like it and that's just as well because the planets indicate you will be put to the test over the next few days.

Scorpio

Oct. 24 - Nov. 22

This is potentially one of the best times of the year for you and anything of a creative or romantic nature is sure to go well over the next few days.

Sagittarius

Nov. 23 - Dec. 21

Anyone who thinks they can coerce you to do something you do not approve of is living in cuckoo land. When it comes to family matters though try not to take such a hard-line stance.

Capricorn

Dec. 22 - Jan. 20

You will meet some interesting people over the next few days and that's good because your focus has been too narrow. Chances are you will learn something to your advantage.

Aquarius

Jan. 21 - Feb. 19

Under no circumstances sell yourself short this coming week, because the moment you do is the moment everyone starts taking advantage of you.

Pisces

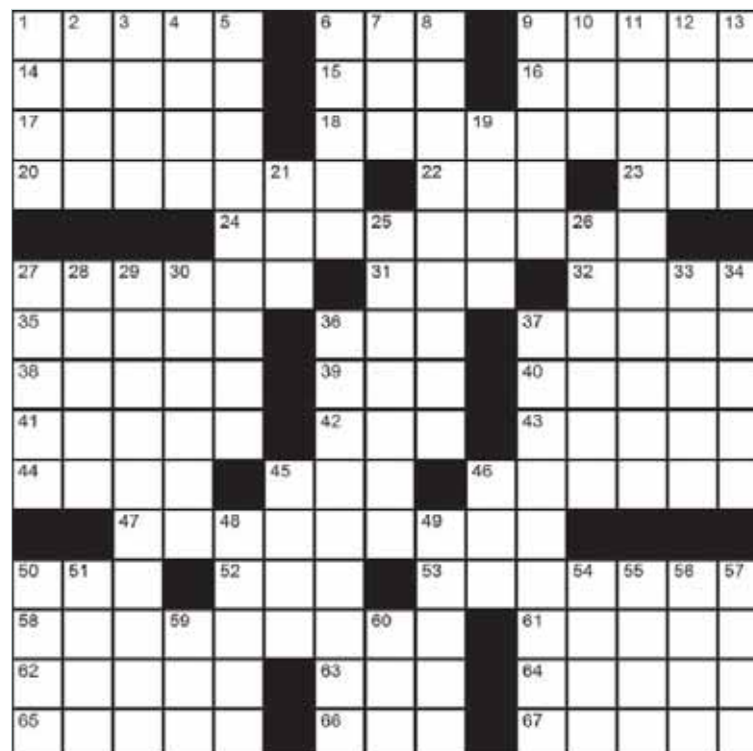
Feb. 20 - March 20

Something you start over the next few days is destined to be of major importance to you. Mars in your signs means you will outshine rivals and make a name for yourself.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. "___ a gun!"
6. Inventor Mr. Whitney
9. Coffee preference
14. Fantasy novelist Ms. Canavan
15. "___ Dieu!"
16. Rice-___
17. Wedded bliss event, briefly
18. What outstanding movies generate: 2 wds.
20. Notion
22. 'Honor' suffix
23. "The ___" (CBC series about a First Nations community)
24. General Motors of Canada vehicle assembled in Oshawa, ON: ___ Impala
27. Prickly
31. Caravansary
32. "Begone!"
35. Dolphin-riding Greek poet
36. Orange ball org.
37. Clipped
38. Swiss chocolate brand
39. Cafeteria crumb
40. High: French
41. Wise mentors
42. Arctic explorer John
43. Fire-starting felony
44. John Mellen-camp's "Get ___ Up"
45. Senators city, briefly
46. Add on
47. Amanda Marshall



hit: 2 wds.

50. Volkswagen convertible model
52. "Scalpel..." settings, shortly
53. To the skies
58. Southern Ontario: Municipality of South Bruce village
61. Former police

officer

62. Pageant winner's prize
63. Friend: French
64. 1st Greek letter
65. "___ favour, say 'Aye'."
66. 1960s brother of a Pres.
67. Fix the road this

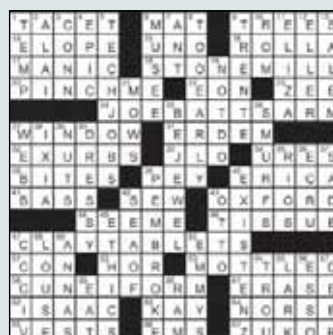
way

- Down**
1. Disconnected, in music [abbr.]
2. Yes ___ question
3. Trevor ___ (Tony-winning Cats director)
4. Of a lyric poem
5. Canada's beaver coin amount: 2 wds.

6. Be a ham on stage
7. Rock's ___ Lonely Boys
8. In the flesh
9. Ms. Hannah
10. Tarzan creator's monogram
11. Order! Halifax ___, a National Historic Site of Canada

12. LA Kings player Mr. Kopitar
13. Soda sound
19. "East of Eden" (1955) brother
21. Smart letters
25. Singing technique
26. F's music equivalent, ___
27. Lightweight wood
28. Font style
29. Arctic animal known as 'Nattiq' to the Inuit: 2 wds.
30. Spanish corner store
33. Joe ___, What the Butler Saw! playwright
34. Make hair stand ___
36. Montreal-born Marvel Comics superhero aka Jean-Paul Beaubier
37. Some undergarments
45. Cajun cooking ingredient
46. Slitherer
48. Ottawa-born actress Kelly
49. Russian monarchy founder
50. Vintage comic, ___ Kett
51. Eye: French
54. Wheel shaft
55. Sales slip, shortly
56. Capital of Qatar
57. Tussle
59. ___ Lanka
60. "Unbelievable" group

Friday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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